

Pre-Operative Surgical and Anesthesia Instructions

Patients having Intravenous Sedation or General Anesthesia must:

1. **Not have anything to eat or drink** (this includes water, coffee, etc.) or smoke at least **six** hours prior to time of surgery.
2. Arrange to have someone accompany them at the time of surgery and arrange for transportation home.
3. Wear a short-sleeved shirt or blouse and low-heeled shoes.
4. Brush your teeth one hour before surgery (do not swallow anything).
5. If given medication to take before surgery, take as directed with a minimum amount of water.
6. Please **take all regular medications, unless otherwise specified.**
7. Patient will need someone responsible to stay with them 6-8 hours after treatment.
8. Have ice pack and cold, soft foods available for after the surgery.
9. Remove acrylic nails and/or nail polish from one finger on the left hand.